





The ultimate end of education is happiness are good human life, a life enriched by happy emotions.

Keeping this in mind, we at St. Thomas' hendeavoured to create and maintain a hap and fulfilling environment for our students.



#### Nursery Timings 8:00 A.M To 12:30 P.M



# SCHOOL UNIFORM



# **SUMMER**

### WINTER





# **HEALTH CARE**



- IN ASSOCATION WITH ST. STEPHEN'S HOSPITAL, WE CONDUCT REGULAR MEDICAL CHECK UPS.
- WE HAVE A MEDICAL CARD IN WHICH WE KEEP THE MEDICAL HISTORY OF EACH CHILD.



 Children tend to eat better and try new foods when they eat with others so we try to sneak in nutrient-rich foods, vegetables and fruits for their mid day meals.

 Table etiquette plays an important part in making a favourable impression. We believe in catching them young, teaching them the correct way to hold cutlery etc. in a happy and fun manner, which will stay with them forever.

 Finally, it has long been proven that eating together can provide health benefits, reduce anxiety and improve self-esteem.

# Our mid day meal consists of nourishing food with a lot of variety, making it an enjoyable experience for the children.

- 1. Vegetable Pulao
- 3. Rajma Rice
- 5. Kadhi Rice
- 7. Dal Rice
- 9. Black Channa with Rice
- 11. Sambhar Rice
- 13. Vada Sambar
- 15. Idli Sambhar
- 17. Sambar Dosa
- 19. Uttapam & Coconut Chutney

- 2. Aloo Paratha with Curd
- 4. Matra Kulcha
- 6. Vegetable Vermillci
- 8. Vegetable Pasta
- 10. Vegetable Sandwitch
- 12. Vegetable Maccroni
- 14. Aloo Puri
- 16. Cholley Puri
- 18. Pav Bhaji
- 20. Fruits Banana, Apple, etc.



### MEHARDEEP KAUR



She has won a GOLD
 Medal in 17<sup>th</sup> Sub Junior Teckwon-Do ITF
 Championship 2022 in
 Thyagraj Indoor
 Stadium



#### THEATRE IN EDUCATION



THE JUNGLE BOOK

#### **DOLLS' DAY OUT**









#### SHOW 'N' TELL









# SHOW 'N' TELL









#### **FANCY DRESS**















#### FIRELESS COOKING







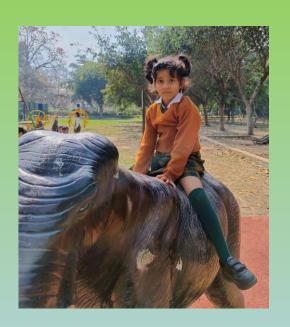


#### **ART EXHIBITION**





#### SCHOOL PICNIC











# **SPORTS DAY**









# BIDDING ADIEU TO OUR KG CHILDREN











#### **JANAMASHTAMI**





#### INDEPENDENCE DAY



#### **RAKSHA BANDHAN**





#### **TEACHERS DAY**







# **DIWALI**









#### **CHRISTMAS**







#### HOLI













#### **GRANDPARENTS' DAY**











### NURSERY 1 MS. ANSHU NIGAM



#### NURSERY 2 MS. PRIYANKA CHOPRA



#### NURSERY 3 MS. RITU GOEL



### NURSERY 4 MS. DEEPA NAYYAR



## KG 1 MS. RAVENNA DIAS



#### MS. ANUMEHA LEEKHA

**KG 2** 



## KG 3 MS. INDU BALA



## KG 4 MS. PRAVEENA TUTEJA



### CO-SCHOLASTIC TEACHERS

**NURSE: MS. VEENA KATOCH** 

**COMPUTERS: MS. SHAGUN** 

#### WESTERN MUSIC - MR. D. JACOB



### PHYSICAL FITNESS TEACHER MS. SHIPRA ARORA





### ART AND CRAFT MS. RASHI BHARDWAJ



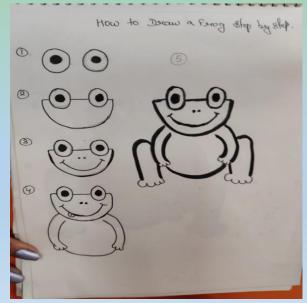


CHAMMANAMA













#### **HAPPY TIMES!**













### PEOPLE YOU NEED TO KNOW

FEE-INCHARGE: MS. VEDAM
SUBRAMANIAN

RECEPTIONIST: MS. NUPUR
MATHUR

#### UNIFORM SUPPLIER: MRS. K. SAINANI

SHOE SUPPLIER: MR. PRATEEK
GUPTA

STATIONER: MR. SANTOSH & MR. MANOJ
PURWAR

#### CRECHE

IN-CHARGE: MS. L. GIDEON 011-28756150

TIMINGS 08:00A.M TO 5:30P.M

#### FUN TIMES@CRECHE









# SCHOOL CONTACT DETAILS

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